

Face & Body Treats

Bliss Treat

Revive facial with neck and shoulder massage.

45 mins \$85

De-stress Experience

Revive facial and back massage, ideal relaxation treat.

1 hour \$105

Sensory Experience

Indulging the 5 senses. From the welcoming herbal tea and aromatic foot spa, to the removal of the last warm towel, you will be transported to a state of absolute bliss. A deeply relaxing experience of a hydrating facial, with soothing foot, arm, leg, and scalp massage.

1 hour 30 mins \$150

Aroma Treat

Tailored to suit your needs on the day. Beautiful aromatherapy oils are chosen, and a combination of facial and massage is designed to suit how you feel. A perfect treat to revive dry skin, soothe muscle tension, and relax.

1 hour 30 mins \$150

Exquisite Treat

Allow time to slow with a rose and herb infused hydrating facial and full body aromatherapy massage. A deeply relaxing experience that will leave you floating.

2 hours \$190

'My time' Treat

With your choice of any combination of JANESCE indulgence treatments, you can create your own perfect pamper experience according to how you feel on the day. Our beautiful signature organic facial and body treats will target areas of concern be it tired skin, lack of vitality, muscle tension or just the need to reduce stress and relax. Or, choose any of our beauty extras to add that touch of glamour.

3 hours \$295

Absolute Luxury Treat

Escape reality for hours of luxury pampering with your choice of treatments to soften, buff, relax, add glamour or simply indulge. Light refreshment will be provided.

4 hours \$390

Beauty +

Pedicures

Mini Pedicure – heels, cuticle and nail tidy plus foot spa (no colour).

40 mins \$55

Pamper Pedicure – as above and includes aromatherapy massage of lower leg and foot, and application of nail colour.

1 hour \$78

Hand Care

Mini Manicure – natural nail and cuticle tidy (no colour).

30 mins \$45

Manicure – cuticle and nail tidy, nail colour and massage.

60 mins \$60

Tinting

Eyebrow \$18

Eyelash \$28

Lash & Brow \$38

Waxing

All waxing treatments include the application of a soothing herbal mist and light lavender oil to calm treated areas. We take pride in the professional waxing service we provide and have allowed generous time to ensure the quality of the treatment.

1/2 Leg (30 mins) from* \$38

1/2 Leg & Bikini (45 mins) from* \$48

3/4 Leg (45 mins) from* \$48

3/4 Leg & Bikini (50 mins) from* \$60

Full Leg (45 mins) from* \$55

Full Leg & Bikini (60 mins) from* \$65

Bikini (15 mins) from* \$28

Extended Bikini / G-string (30 mins) from* \$40

Underarm (15 mins) from* \$22

Arm (15 mins) from* \$32

Chest / Back (30 mins) from* \$45

Lip (10 mins) from* \$18

Chin (15 mins) from* \$18

Lip & Chin (20 mins) from* \$30

Lip & Brow (20 mins) from* \$38

Beauty +

Brow Shape

Tidy Up (15 mins) from* \$22

* In cases where hair growth is strong, extra time is required and the fee will change accordingly.

Janesce Customer Priority

Janesce aims to give customer appointments high priority. To enable us to give you this guarantee, we request:

- **Booking / Cancellation**

We appreciate 24 hours notice on cancellations or a 50% late notice fee may apply. \$50 booking fee applies to appointments of 2 hours or more.

- **Gift Vouchers**

Need to be presented at time of treatment or full price will be charged.

- **Group Bookings**

We welcome bridal parties, birthday indulgences and any other group bookings. A booking fee of 30% deposit will apply.

- **New Clients**

Please arrive 10 minutes before your appointment.

Norwood Experience Store

205 The Parade.

P: 8364 5230

E: norwood@janesce.com.au

Hyde Park Experience Store

130 King William Road.

P: 8373 0558

E: hydepark@janesce.com.au

Adelaide Arcade Experience Store & Beauty Bar

Shop 34.

P: 8359 3388

E: adelaide@janesce.com.au

JANESCE

love your healthy skin™

Services Menu

www.janesce.com

Naturopathy

Janesce is a whole philosophy. It is about working with plants through beautiful organic skin care products to nurture, correct and heal the skin while working with nutrition from the inside.

The Janesce philosophy is founded on the lifetime of study by Naturopath Janice Smith. Since 1968 Janice has studied how nutrition affects skin health, and applied this principle when she formulated the Janesce products in the early 1980's.

Janesce offers 2 consultative services for advice on skin health concerns.

Consultation with Janice Smith ND

Janice Smith, Janesce founder and naturopath is available for personal consultation each Tuesday from our Norwood store.

Her fees are:

30 mins \$100

The initial consult will take 45 mins (charged at 30 min rate).

Janice is also available for phone support throughout the program at no extra charge.

Advice through the healthy options+ program

A 15 minute free consult is available with a Janesce skin health consultant at our company stores. During the consult you will receive a skin diagnosis, and information on the correct **healthy options+** program to suit your skin health needs.

healthy options+ is a self help guide to understanding foods and nutrients that are important for your skin health. Programs have been created for each skin type, and your Janesce consultant can guide you the correct one for your skin health concerns.

healthy options+ is about empowering you with the knowledge to understand how you can take control of your skin health and well being.

For more information on the **healthy options+** program, visit our website and follow the links.

www.janesce.com

Face Treats

Janesce pure plant facial experiences combine aromatic warm towel hydration and relaxation massage in a private luxurious environment. Your complete enjoyment is our focus so if you have any special requirements talk to your Janesce beauty therapist.

Hydrating Wonder Facial (for normal / dry skin)

A perfect relaxation treat to soften your skin and calm your psyche. Beautiful Janesce products created from organic rose, lavender, marshmallow, orange flower, oat and wheat germ extracts will easily absorb into your skin leaving it feel refreshed and velvety.

Revive 30 mins \$65

A perfect way to revive your skin when time is precious.

Essential 45 mins \$80

A must do, to keep skin soft and nourished.

Luxury 60 mins \$105

Pure relaxation, includes eyebrow tidy.

Clearing Facial (for oily / combination skins)

This gentle deep cleansing treat includes a moor clay mask and exfoliation to refresh dull complexions. The herbal extracts of calendula, citrus and witch hazel assist in the re-balancing, clearing and healing of the skin. Includes extractions.

Deep Cleanse 60 mins \$105

Recovery Facial (for hypersensitive skin)

A cooling and soothing treat using gentle massage and calming herbal extracts of chamomile, lavender, marshmallow, sage and rose. This is a vary effective way to help desensitise the skin and is a perfect recovery treat for post laser treatment.

1 hour \$105

Saving Face (for men)

Restore skin texture and vitality with this hydrating treat. Products include extracts of sage, lime, witch hazel, and grapefruit. Excellent for calming reactions to shaving and counteracting environmental damage. We request that all male clients shave just prior to the treat.

30 mins \$65

1 hour \$105

Janesce Signature Face Treats

Age Defying Facial Treat (for all skins)

Counteract the effects of environmental stress with this treat using the finest quality anti-oxidant products from grape seed extracts and stabilized oxygen. Ideal for those who have developed skin sensitivity, or those looking for an effective treatment for the prevention of premature ageing.

Includes the option of an anti-pigmentation treatment.

1 hour \$110

Perfecting Facial Treat (for dehydrated / mature skins)

A luxury treatment to perfect skin texture and improve hydration. Products chosen in this treat are rich in plant humectants to boost the skins natural ability to retain moisture. A warm oil mask created from carrot and avocado seed oil is applied to gently nourish the skin, softening expression lines while enhancing the feeling of deep relaxation. A beautiful treat for those who desire the ultimate facial experience.

1 hour \$110

Body Treats

Aroma Massage

You will feel the tension slip away with these body treats. Choose between any of our aromatherapy body oil blends to detox, de-stress or rejuvenate.

Back and Neck Massage

Relieves built up tension and reduces headaches.

30 mins \$65

Full Body Relaxation Massage

Reduces muscle fatigue, stimulates circulation and improves nerve supply. Guaranteed to relax.

1 hour \$90

Beautiful Back Treat

A deep exfoliation and beautifying treatment for the back area. Includes a purifying clay mask and extractions if required.

40 mins \$70

Body Treats

Remedial / Pregnancy Massage

Remedial massage is a combination of gentle, firm, deep or shallow massage techniques, depending on what the condition requires. Excellent for active sports people and beneficial for those requiring rehabilitation. Health Fund Rebate Available.

30 mins \$70

45 mins \$85

1 hour \$105

Hot Stone Massage (at Norwood & Hyde park)

The comfort of warm stones brings instant relief to muscle tension. Health Fund Rebate Available.

30 mins \$75

45 mins \$90

1 hour \$115

Thigh Tone Cellulite Treatment (Norwood only)

G5 deep tissue massage machine works with aromatherapy blends of juniper berry, rosemary, grapefruit, lemon grass.

30 mins \$55

10 x 30 mins treat \$400

Pregnancy Pamper Treat

Enjoy the pampering with your choice of any combination of lower back massage, pedicure, half leg and bikini wax.

90 mins \$140

2 hours \$190

Body Satin (exfoliation)

A gentle yet effective exfoliation treat using body brushing, almond meal scrub, followed by herbal mist and body lotion, making your skin soft and silky to touch. Products include rose geranium, rosewater, lavender, sesame oil, aloe vera.

1 hour \$110

Body Glow (wrap)

Choose from our aromatherapy blends to Detox (juniper berry, rosemary), De-stress (lavender, sandalwood) or Rejuvenate (lime, grapefruit). Includes body brushing, mask, wrap and massage to soften and enliven skin texture, stimulate circulation and promote deep relaxation.

90 mins \$140